

# DISABLED STUDENT PROGRAMS & SERVICES (DSPS)

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## **DSPS 1001 CAREER EXPLORATION**

### **0 unit**

Designed for adults with developmental and/or intellectual differences who have an interest in finding realistic and meaningful employment. Focus on the interests, values, and skills and determine wants, needs, and barriers to employment in order to find a meaningful career path. Total of 18 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 1002 CAREER PLANNING**

### **0 unit**

Designed for adults with developmental and/or intellectual differences who have an interest in finding realistic and meaningful employment. Focus on the job planning process, determine what type of job to apply for, and setting goals to get ready for the application process. Total of 18 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 1003 SOCIAL SKILLS ON THE JOB**

### **0 unit**

Designed for adults with developmental and/or intellectual differences who have an interest in finding realistic and meaningful employment. Focus on successful soft skills that all employers want and learn strategies to deal appropriately in interactions with co-workers, supervisors, and customers. Total of 18 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 1004 ADVOCACY AND WORKPLACE RIGHTS**

### **0 unit**

Designed for adults with developmental and/or intellectual differences who have an interest in finding realistic and meaningful employment. Focus on self-advocacy skills; assertiveness training and conflict resolution; stress triggers and discover coping strategies; and identify rights in a workplace environment. Total of 18 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 1005 THE JOB SEARCH PROCESS**

### **0 unit**

Designed for adults with developmental and/or intellectual differences who have an interest in finding realistic and meaningful employment. Exploration of the concept of ethics relates to the job application process. Discussion of your rights and accommodations during the hiring process, and identification of a variety of job search methods. Use of a real job description to help determine if a job is right for you. Total of 18 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 1006 THE JOB APPLICATION PROCESS**

### **0 unit**

Designed for adults with developmental and/or intellectual differences who have an interest in finding realistic and meaningful employment. Focus on the job application process and creating materials including a resume and a cover letter. Fill out a sample job application. Total of 36 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 1007 THE JOB INTERVIEW PROCESS**

### **0 unit**

Designed for adults with developmental and/or intellectual differences who have an interest in finding realistic and meaningful employment. Focus on the job interview process including ethics and behavior, dressing and grooming, and strategies for what to do before, during, and after the interview. Total of 18 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 2201 FINDING THE JOB THAT'S RIGHT FOR YOU**

### **0 unit**

Fundamental course designed for adults with developmental disabilities who have an interest in finding realistic and meaningful employment. Emphasis on looking for different job opportunities that support the adult learner's interests, values, and skills. Recommended working knowledge of basic reading, writing, and math skills. Total of 16 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 2202 GETTING THE JOB YOU WANT**

### **0 unit**

Fundamental course designed for adults with developmental disabilities who have an interest in finding realistic and meaningful employment. Emphasis on filling out job applications, creating resumes and cover letters, and learning interviewing techniques. Recommended working knowledge of basic reading, writing, and math skills. Total of 16 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 2203 BASIC SOCIAL SKILLS: GETTING ALONG WITH OTHERS IN THE WORKPLACE**

### **0 unit**

Fundamental course designed for adults with developmental disabilities with an interest in maintaining realistic and meaningful employment. Emphasis on learning the skills needed to create good working habits, workplace diversity, communicate needs, and interact appropriately with co-workers and supervisors. Recommended working knowledge of basic reading, writing, and math skills. Total of 16 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

## **DSPS 2204 INTRODUCTION TO YOUR RIGHTS AND RESPONSIBILITIES IN THE WORKPLACE**

### **0 unit**

Fundamental course designed for adults with developmental disabilities with an interest in maintaining realistic and meaningful employment. Focus on learning the skills needed to make good decisions and understand rights in the workplace. Recommended working knowledge of basic reading, writing, and math skills. Total of 16 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Pass/No-Pass*

**DSPS 3320 FUNCTIONAL LIVING SKILLS FOR STUDENTS WITH DEVELOPMENTAL DIFFERENCES**

**0 unit**

Functional living skills designed for adults with intellectual or developmental differences as they relate to living at home, exploring the community, and working on the job. Exploration of health and wellness topics including nutrition, stress, hygiene, and self-esteem; how to stay safe in your home, the community, and during emergencies; and social interaction topics including peer pressure and harassment, making friends, conflict resolution and communication skills. Total of 63 hours lecture.

**Grade Mode:** *Ungraded Non-Credit*

**DSPS 3321 FUNCTIONAL READING AND MATH SKILLS FOR STUDENTS WITH DEVELOPMENTAL DIFFERENCES**

**0 unit**

Functional reading and math skills designed for adults with intellectual or developmental differences as they relate to living at home, exploring the community, and working on the job. Exploration of background knowledge, fact vs. opinion, and inference; analyze persuasive and functional texts; evaluate topics of media literacy and internet safety; examine budgeting and banking issues, money management and shopping; use measurement; utilize calendars; and explore time management. Total of 63 hours lecture.

**Grade Mode:** *Ungraded Non-Credit*

**DSPS 3370 MUSIC APPRECIATION FOR ADULTS WITH DISABILITIES**

**0 unit**

The elements of music, styles and music cultures, with an emphasis on developing active listening skills for improving the experience of music. Includes music-making activities for stimulating cognitive, emotional, and social connection for disabled students. Students participate at the level of their individual capacity. Short term class. Total of 27 hours lecture.

**Grade Mode:** *Ungraded Non-Credit*

**DSPS 3374 ADAPTIVE ART**

**0 unit**

Adaptive art techniques for adults with physical, cognitive, and emotional challenges. Emphasis on the use and organization of appropriate materials promoting art activities for self-expression and awareness. Short term class. Total of 27 hours lecture.

**Grade Mode:** *Ungraded Non-Credit, Ungraded Credit*