

PERSONAL HEALTH CARE ASSISTANT (PHCA)

PHCA 100 PERSONAL HEALTH CARE AIDE

2 unit

Enrollment Limitation: *Completion of high school 10th grade; minimum age of 16*

Prepares students to provide or support activities of daily living, personal care, and homemaker services to elderly and disabled individuals needing assistance to remain safely and independently in their own home or in an assisted living facility. Topics include communication skills, maintenance of a healthy environment, procedures for emergencies, physical, emotional, and developmental characteristics of the patients served, personal hygiene, safe transfer techniques, and basic nutrition. Total of 108 hours laboratory.

Grade Mode: *Audit, Pass/No-Pass*