

# COSMETOLOGY

## COSMETOLOGY (COSM)

DIVISION: Career Technical Education

### COSM 100 INTRO TO COSMETOLOGY

**7.5 unit**

Fundamental theory, techniques, and procedures on basic hair, skin, and nail care. Lectures, demonstrations and practical procedures in basic hair, skin, and nail care with emphasis on safely and client protection. Other topics include California State Board of Barbering and Cosmetology rules and regulations, health and safety codes, general science as it relates to cosmetology, infection control, chemistry, and electricity. Total of 72 hours lecture and 208 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 101 HAIRCUTTING

**3 unit**

**Prerequisite(s):** *COSM 100*

Theory of advanced haircutting techniques and procedures. Lectures, demonstrations and practical procedures in haircutting terminology, safety precautions, disinfection, proper use and handling of cutting implements, and client consultation. Total of 36 hours lecture and 54 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 102 HAIR COLOR

**3 unit**

**Prerequisite(s):** *COSM 100*

Different types of hair color applications and techniques for various hair color categories. Hands-on workshops with semi, demi, and permanent hair color to include: special effects hair color applications, lighteners, foiling, weaving/slicing, combination color design patterns, alternation/partial highlights, lowlighting, gray coverage formulations, contrast-zones color patterns, and toner applications. Total of 36 hours lecture and 54 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 103 HAIRSTYLING

**3 unit**

**Prerequisite(s):** *COSM 100*

Theory of professional hairstyling techniques and procedures. Lectures, demonstrations and practical procedures in wet hair styling, thermal styling and long hair styling. Total of 36 hours lecture and 54 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 104 CHEMICAL TEXTURE

**3 unit**

**Prerequisite(s):** *COSM 100*

Theory of professional chemical texturizing techniques and procedures. Lectures, demonstrations and practical procedures in permanent waving, chemical relaxing, and soft curl re-forming. Total of 36 hours lecture and 54 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 105 SKIN CARE

**3 unit**

**Prerequisite(s):** *COSM 100*

Skin disorders and diseases and the different types of skin services offered in the salon. Total of 36 hours lecture and 54 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 106 NAIL CARE

**3 unit**

**Prerequisite(s):** *COSM 100*

Study of nail disorders and diseases and the different types of nail services offered in the salon. Total of 36 hours lecture and 54 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 107 STATE BOARD

**3 unit**

**Prerequisite(s):** *COSM 100*

Preparation for the California State Board examination to become licensed cosmetologists. Emphasis is placed on State Board theoretical exam, State Board of Barbering and Cosmetology Act and Regulations and Health & Safety theory as required by California State Board. Total of 36 hours lecture and 54 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 108 PROFESSIONAL DEVELOPMENT IN COSMETOLOGY

**3 unit**

Proper steps to take for seeking employment, customer service, business ethics, marketing, time management, and the advantages and disadvantages of owning a salon or renting a booth. Total of 36 hours lecture and 54 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

### COSM 109 SALON

**1.5 unit**

**Prerequisite(s):** *COSM 100*

Practical salon experience working on clients. Total of 81 hours of laboratory.

**Grade Mode:** *Audit, Letter Grade*

**COSM 150 INSTRUCTIONAL TECHNIQUES IN COSMETOLOGY**

**10 unit**

**Prerequisite(s):** *State of California Cosmetology License*

Course is designed for licensed cosmetologists who want to become cosmetology instructors. Introduces principles of learning, effective teaching methods and techniques, classroom management, and organizational skills. Emphasis is placed on planning, presenting, and evaluating lessons in both the classroom and clinic/laboratory setting. Total of 90 hours lecture and 240 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*

**COSM 151 INSTRUCTIONAL TECHNIQUES IN COSMETOLOGY**

**10 unit**

**Prerequisite(s):** *COSM 150*

This course is designed for licensed cosmetologists who want to become cosmetology instructors. Continues the principles of learning, effective teaching methods, techniques and organizational skills, and introduces lesson presentation, classroom management and use of technology for curriculum delivery. Emphasis is placed on classroom delivery and evaluation of student performance. Total of 90 hours lecture and 240 hours laboratory.

**Grade Mode:** *Audit, Letter Grade*