

PUBLIC HEALTH SCIENCE

DIVISION: Kinesiology, Health and Athletics

The Health program consists of courses in personal health. These courses are intended to help students live healthfully now and for the rest of their lives. They also serve as foundations for students intending to focus their studies in the health and nutritional sciences, kinesiology or athletics. Public health is the science of protecting and improving the health of people and their communities. This work is achieved by promoting healthy lifestyles, researching disease and injury prevention, and detecting, preventing and responding to infectious diseases. Overall, public health is concerned with protecting the health of entire populations. These populations can be as small as a local neighborhood, or as big as an entire country or region of the world.

- Public Health Science – Associate in Science Degree for Transfer to CSU (<https://curriculum.pasadena.edu/academic-programs/public-health-science/public-health-science-ast/>)